

MINUTES
Eastern Connecticut Health and Medical Cooperative
Board Meeting – Sept. 28, 2023
2:00 - 3:30 pm

Members Present (in-person): Prem Aithal, Jeff Wihbey, Kate Ericson (arrived at 2:12 pm), Mike Belden, Ian Neviaser, Holly McCalla, Julie Pendleton, Jan Perruccio, Kristina Martineau, John Hall, Troy Hopkins (arrived at 2:02pm).

Members Present (via zoom): No one participated via zoom.

Others present (in-person): Joanne Lund, Thomas Kowalchik, Lynn Iannuzzi-DiBene, Krista Bauchman, Kate D’Amico

Meeting called to order at 1:57 PM

Standing Agenda Items: Discussion and Possible Action

1. Approve minutes of August 24, 2023:

Motion to approve August 24, 2023, meeting minutes by Kristina Martineau, seconded by Holly McCalla. Approved: 5-0 (Mike B. and Julie P. abstained, Kate E., Troy H., John Hall, and Jeff W. arrived after vote).

2. Financial Status Report

- a. Westbrook town/schools and RSD17 have been incorporated into the financial reports (effective 7-1-23).
- b. August net position of \$5.25M down \$317k for the month due to excess of claims over receipts. YTD claims over receipts = \$239k. (See financial reports for further detail).
- c. Discussion regarding reserves, each member’s activity (premiums received and claims paid) are tracked at the member level. As in the case of Clinton, when a member leaves the ECHMC, they must pay the consortium if they are in a negative reserve position. If a member withdraws from the consortium with a positive reserve balance, that balance is maintained by the consortium.

3. Marketing – new members:

- a. A Letter was received from Goodwin requesting that they be permitted into the ECMHC.
- b. Integrated Day Charter School (IDCS) is also interested in joining the ECHMC.
- c. Other districts that have expressed interest are Thompson (currently in State Plan), Coventry and Plainfield (currently in E-Chip) and Portland.
- d. Kate mentioned the idea of possibly attending a Council of Governments (Norwich COG) meeting to market the ECHMC to municipalities.
 - e. Discussion regarding potential new members included size of group and the ability to receive detailed data from smaller entities.

4. Update from Vendors/Anthem Update

- a. **Population Health Management presentation/discussion** – Kate D’Amico (USI) provided a brief presentation titled CORE Health Action Plan which provided specific strategies for a multi-Year program to reduce claim expenditures. The

presentation provided the members with detailed data regarding expense utilization, top diseases among adults, long-term impact projections, Behavioral Health Management data and many other areas of health management.

- b. **Rx program coverage** – Tom explained that PBIX can do this review. The ECHMC currently has strong rebates with Anthem.
- c. **Life Insurance Coverage** – Tom mentioned that USI can review options with another carrier besides The Hartford for a potential 1/1/24.
- d. **Wellness funds** – The wellness dollars to be received from Anthem total \$75,000 this year and have been allocated to each group based on total number of members. Anthem provides some very good examples of ideas on how to spend these wellness dollars. Each member has until May 31, 2024, to spend these funds. Anthem does not allow the use of gift cards for this wellness program.
- e. **USI** – Lynn requested all members submit the Business Associate Agreement forms to her, as well as the Credible Coverage Notices forms which are due 10-15-23.

5. Old Business:

- a. **No Old Business**

6. New Business

- a. **Agenda setting and format for October 26, 2023, meeting.**
 - 1. Follow up discussion with Goodwin and IDCS regarding membership in the ECHMC.

Motion to adjourn meeting made by Mike Belden, seconded by Jan Perruccio, all in favor. Meeting adjourned at 3:19pm. – Approved 11-0

Next Meeting – October 26, 2023, at 2:00 PM.

Zoom information will be provided in a calendar invite if needed.

Respectfully Submitted,
Mike Belden

